

# **OUTLINES OF TESTS, SYLLABI AND COURSES OF READING**

for  
**B.A. Sociology Part I**

**(Semester I & II)**

Academic Sessions  
**2025-26 and 2026-27**

NEP-TEMPLATE FOR MULTIDISCIPLINARY UG PROGRAMME



**DEPARTMENT OF SOCIOLOGY  
GURU NANAK COLLEGE BUDHLADA  
AN AUTONOMOUS COLLEGE  
Email: [gncbudhlada@yahoo.co.in](mailto:gncbudhlada@yahoo.co.in)  
Website: [www.gncbudhlada.org](http://www.gncbudhlada.org)**

*Plan*

*Baljit Singh*

*Deepak*





*Jasmeen Kaur*



*[Signature]*

*[Signature]*

**SCHEME OF THE COURSE**  
**B.A. I (SOCIOLOGY) SEMESTER I & II**

<b>Semester- I</b>						
<b>Course</b>	<b>Course Code</b>	<b>Course Title</b>	<b>External Theory</b>	<b>Internal Assessment</b>	<b>Total</b>	<b>Credit</b>
<b>Major</b>	BAMJSOC1109T	Fundamentals of Sociology	70	30	100	04
<b>Major</b>	BASMSOC1175T	Crime and Society	70	30	100	04
<b>Minor</b>	BAMNSOC1148T	Fundamentals of Sociology	70	30	100	03
<b>IDC/MDC</b>	BAIDWOM1130T	Women, Society and Empowerment	70	30	100	03
<b>SEC</b>	BASESOC1155T	Doing Ethnography	70	30	100	03



**SEMESTER- I**  
**BAMJSOC1109T: FUNDAMENTALS OF SOCIOLOGY**  
**(Major)**

Credits: 04 (L)

Time Allowed: 3 Hrs.

Pass percentage: 35%

External Exam Marks: 70

Internal Assessment: 30

Total Marks: 100

**COURSE OBJECTIVES:** The course aims to provide students with a scientific understanding of society by introducing core sociological perspectives, concepts, and processes. It develops analytical and critical skills to interpret social structures, institutions, culture, and patterns of human interaction in contemporary contexts.

**COURSE OUTCOMES:**

1. To gain a foundational understanding of Sociology as a scientific discipline and its relevance in interpreting human interactions.
2. To develop the ability to analyze social phenomena through interdisciplinary and comparative perspectives.
3. To apply sociological concepts and frameworks to critically assess structures, institutions, and patterns of social life.
4. To demonstrate awareness of cultural dynamics, social change, and challenges shaping contemporary societies.
5. To strengthen critical thinking, ethical reasoning, and research orientation for academic growth and civic responsibility.

**INSTRUCTIONS FOR THE PAPER-SETTER**

The question paper will consist of three sections A, B and C. Sections A and B will have four questions each from the respective sections of the syllabus and Section C will consist of one compulsory question having ten short answer type questions covering the entire syllabus uniformly. Each question in Sections A and B will be of 10 marks and Section C will be of 30 marks.

**INSTRUCTIONS FOR THE CANDIDATES**

Candidates are required to attempt five questions in all selecting two questions from each of Sections A and B and compulsory question of Section C.

**Section- A**

- a) Introduction to Sociology – Nature, Scope, and Significance of Sociology in the Scientific Study of Society.
- b) Sociology and Its Relationship with Other Social Sciences – Psychology, Anthropology, History, Economics, and Political Science.
- c) Basic Concepts – Society, Social Structure, Community, Association, Norms and Values, Status and Role.
- d) Social Groups – Types of Social Groups: Primary and Secondary; In-group, Out-group, and Reference Group.

*Plano* *Baljit Singh* *Deepak*  
*Naresh* *Ravi* *Paameen Kumar*



## Section-B

- a) Social Institutions – Concept; Family: Types and Functions; Marriage: Forms, Features and Functions; Religion: Meaning and Functions.
- b) Socialization – Meaning and Agencies of Socialization; Theories of Self (Freud, Mead, Cooley)
- c) Culture – Meaning and Characteristics; Cultural Lag; Material and Non-Material Culture; Civilization – Meaning and Difference between Culture and Civilization.
- d) Social Processes- Concept, Types: Integrative (Cooperation, Accommodation, Assimilation) and disintegrative (Competition and Conflict).

## Recommended Books

1. Bottomore, T. B. (1972). *Sociology: A guide to problems and literature*. Bombay: George Allen and Unwin.
2. Davis, K. (2002). *Human society*. Delhi: Surjeet Publications.
3. Giddens, A. (2000). *Sociology: An introduction*. Cambridge: Polity Press.
4. Gisbert, P. S. J. (1993). *Fundamentals of sociology*. Bombay: Orient Longman.
5. Haralambos, M. (1998). *Sociology: Themes and perspectives*. New Delhi: Oxford University Press.
6. Haralambos, M. (2015). *Sociology: Themes and perspectives*. New Delhi: Oxford University Press.
7. Herskovits, M. J. (1969). *Cultural anthropology*. New Delhi: Oxford and IBH Publishers.
8. Kapila, S. (1989). *A text book of sociology, Part-I & II*. Jalandhar: New Academic House.
9. Kaur, S. (1987). *Samaj Vigyan De Mool Sankalp*. Patiala: Punjabi University.
10. Kaur, S. (2017). *General Samaj Vigyan*. Jalandhar: New Academic Press.
11. Kimball Young, & Mack, R. W. (1959). *Sociology and social life*. New York: American Book Co.
12. Mannheim, K. (1960). *Ideology and utopia*. New York: Harcourt, Brace & World.
13. Nagla, B. K., & Singh, S. (2019). *Introducing sociology*. Jaipur: Rawat Publication.
14. Ram, G. (2014). *Samajshastra Parichay*. New Delhi: Oriental Black.
15. Rao, S. C. N. (2018). *Sociology: Principles with an introduction to social thought*. New Delhi: S. Chand.
16. Shepard, J. M. (1981). *Sociology*. New York: West Publishing Co.



**SEMESTER- I**  
**BAMNSOC1148T: FUNDAMENTALS OF SOCIOLOGY**  
**(Minor)**

Credits: 03 (L)

Time Allowed: 3 Hrs.

Pass percentage: 35%

External Exam Marks: 70

Internal Assessment: 30

Total Marks: 100

**COURSE OBJECTIVES:** The course aims to provide students with a scientific understanding of society by introducing core sociological perspectives, concepts, and processes. It develops analytical and critical skills to interpret social structures, institutions, culture, and patterns of human interaction in contemporary contexts.

**COURSE OUTCOMES:**

6. To gain a foundational understanding of Sociology as a scientific discipline and its relevance in interpreting human interactions.
7. To develop the ability to analyze social phenomena through interdisciplinary and comparative perspectives.
8. To apply sociological concepts and frameworks to critically assess structures, institutions, and patterns of social life.
9. To demonstrate awareness of cultural dynamics, social change, and challenges shaping contemporary societies.
10. To strengthen critical thinking, ethical reasoning, and research orientation for academic growth and civic responsibility.

**INSTRUCTIONS FOR THE PAPER-SETTER**

The question paper will consist of three sections A, B and C. Sections A and B will have four questions each from the respective sections of the syllabus and Section C will consist of one compulsory question having ten short answer type questions covering the entire syllabus uniformly. Each question in Sections A and B will be of 10 marks and Section C will be of 30 marks.

**INSTRUCTIONS FOR THE CANDIDATES**

Candidates are required to attempt five questions in all selecting two questions from each of Sections A and B and compulsory question of Section C.

**Section- A**

- a) Introduction to Sociology – Nature, Scope, and Significance of Sociology in the Scientific Study of Society.
- b) Sociology and Its Relationship with Other Social Sciences – Psychology, Anthropology, History, Economics, and Political Science.
- c) Basic Concepts – Society, Social Structure, Community, Association, Norms and Values, Status and Role.
- d) Social Groups – Types of Social Groups: Primary and Secondary; In-group, Out-group, and Reference Group.

*Plaw*      *Baljinder Singh*      *Deepak*      *Jaameer Kumar*

*[Signature]*      *[Signature]*



**Section-B**

- a) Social Institutions – Concept; Family: Types and Functions; Marriage: Forms, Features and Functions; Religion: Meaning and Functions.
- b) Socialization – Meaning and Agencies of Socialization; Theories of Self (Freud, Mead, Cooley)
- c) Culture – Meaning and Characteristics; Cultural Lag; Material and Non-Material Culture; Civilization – Meaning and Difference between Culture and Civilization.
- d) Social Processes- Concept, Types: Integrative (Cooperation, Accommodation, Assimilation) and disintegrative (Competition and Conflict).

**Recommended Books**

1. Bottomore, T. B. (1972). *Sociology: A guide to problems and literature*. Bombay: George Allen and Unwin.
2. Davis, K. (2002). *Human society*. Delhi: Surjeet Publications.
3. Giddens, A. (2000). *Sociology: An introduction*. Cambridge: Polity Press.
4. Gisbert, P. S. J. (1993). *Fundamentals of sociology*. Bombay: Orient Longman.
5. Haralambos, M. (1998). *Sociology: Themes and perspectives*. New Delhi: Oxford University Press.
6. Haralambos, M. (2015). *Sociology: Themes and perspectives*. New Delhi: Oxford University Press.
7. Herskovits, M. J. (1969). *Cultural anthropology*. New Delhi: Oxford and IBH Publishers.
8. Kapila, S. (1989). *A text book of sociology, Part-I & II*. Jalandhar: New Academic House.
9. Kaur, S. (1987). *Samaj Vigyan De Mool Sankalp*. Patiala: Punjabi University.
10. Kaur, S. (2017). *General Samaj Vigyan*. Jalandhar: New Academic Press.
11. Kimball Young, & Mack, R. W. (1959). *Sociology and social life*. New York: American Book Co.
12. Mannheim, K. (1960). *Ideology and utopia*. New York: Harcourt, Brace & World.
13. Nagla, B. K., & Singh, S. (2019). *Introducing sociology*. Jaipur: Rawat Publication.
14. Ram, G. (2014). *Samajshastra Parichay*. New Delhi: Oriental Black.
15. Rao, S. C. N. (2018). *Sociology: Principles with an introduction to social thought*. New Delhi: S. Chand.
16. Shepard, J. M. (1981). *Sociology*. New York: West Publishing Co.

Plaw

Baljinder Singh

Deepak

Harpreet

Ram

Jaameer Kumar



**SEMESTER- I**  
**BAIDWOM1130T: Women, Society and Empowerment**  
**(IDC/MDC)**

Credits: 03(T)

External Exam Marks: 70

Time Allowed: 3 Hrs.

Internal Assessment: 30

Pass percentage: 35%

Total Marks: 100

**COURSE OBJECTIVES:** This course fosters a critical sociological understanding of gender as a socially constructed phenomenon, examining its multifaceted implications across varied social, cultural, and political landscapes. It acquaints students with pivotal feminist theories, scrutinizes the position of women within Indian society, and delves into empowerment initiatives via legal frameworks, institutional mechanisms, and community-based interventions.

**COURSE OUTCOMES:** After completing this course, students will be able to:

1. Understand the concept of gender as a social construct and the factors contributing to discrimination and socialization.
2. Explain major feminist theories and perspectives, including liberal, radical, socialist, and post-colonial feminism.
3. Analyze the status of women in India across economic, political, socio-cultural, and health dimensions, including key social issues.
4. Evaluate government policies, laws, and the role of NGOs in promoting women's empowerment.
5. Apply the knowledge of gender equality and empowerment strategies to critically assess contemporary gender issues in society.

**INSTRUCTIONS FOR THE PAPER-SETTER**

The question paper will consist of three sections A, B and C. Sections A and B will have four questions each from the respective sections of the syllabus and Section C will consist of one compulsory question having ten short answer type questions covering the entire syllabus uniformly. Each question in Sections A and B will be of 10 marks and Section C will be of 30 marks.

**INSTRUCTIONS FOR THE CANDIDATES**

Candidates are required to attempt five questions in all, selecting two questions from each of Section A and B and compulsory questions of Section C.

**Section – A**

- a) Gender as a Social Construct – Sex & Gender, Discrimination, Patriarchy, Gender Socialization
- b) Feminist Perspectives – Liberal, Radical, Socialist, Post-Colonial

**SECTION – B**

- a) Status of Women in India – Economic, Political, Socio-Cultural, Gender-based Violence, Education & Employment Gap
- b) Empowerment of Women – Concept & Importance, Gender Equality, Government Policies & Laws, Role of NGOs

*(Signatures)*



### Suggested Readings

1. Adhikary, A. K. (2009). *Gender inequality and women's empowerment*. New Delhi, India: Abhijeet Publications.
2. Delamont, S. (2003). *Feminist sociology*. Sage Publications.
3. Desai, N., & Krishnaraj, M. (1990). *Women and society in India*. New Delhi, India: South Asia Books.
4. Dominelli, L. (2002). *Feminist social work: Theory and practice*. Palgrave Macmillan.
5. Edwards, J., Cornwall, A., & Harrison, E. (2014). *Feminisms, empowerment and development: Changing women's lives* (Kindle ed.). Zed Books.
6. Gurnani, P. S. (2023). *Women entrepreneurship: Emerging dimension of entrepreneurship in India* (1st ed.). New Delhi, India: FSP Media Publications.
7. Kuumba, M. B. (2003). *Gender and social movements*. New Delhi, India: Rawat Publications.
8. Lewis, R., & Mills, S. (Eds.). (2003). *Feminist postcolonial theory: A reader*. Edinburgh, UK: Edinburgh University Press.
9. Lorber, J. (1994). *Paradoxes of gender*. New Haven, CT: Yale University Press.
10. Nandal, S. (2012). *Women and development*. New Delhi, India: A. Mittal Publications.
11. Pulla, R. (2012). *Political empowerment of women in India: Challenges and strategies*. Jaipur, India: ABD Publishers.
12. Rege, S. (Ed.). (2003). *Sociology of gender: The challenge of feminist sociological knowledge*. New Delhi, India: Sage Publications.
13. Sandhya, R. (2012). *Development of women: Issues and challenges*. New Delhi, India: Discovery Publishing House.
14. Tripathi, K. (2013). *Stri sangharsh ke sau varsh*. New Delhi, India: Hindi Book Centre.

*[Signature]*

*Plano*

*Baljinder Singh*

*Deepak*

*[Signature]*

*Pameela Kumar*